

**YORK SCHOOL DEPARTMENT  
ATHLETIC PARTICIPATION AND PARENTAL APPROVAL FORM**

This form must be filled out completely before the student will be allowed to draw equipment, to practice or to compete in interscholastic athletics. Receipt of this form indicates parental/guardian and student agreement with the student conduct policy and player coverage of athletic injury policy.

NAME \_\_\_\_\_

D.O.B. \_\_\_\_\_ GRADE \_\_\_\_\_

PHONE \_\_\_\_\_

STUDENT'S INSURANCE  
\_\_\_\_\_

PHYSICIAN RECOMMENDATION

\_\_\_\_\_ PASS (Physically fit to engage in all sports)

\_\_\_\_\_ PASS WITH RESTRICTIONS

\_\_\_\_\_ FAILED. REASON

PHYSICIAN SIGNATURE

DATE OF EXAMINATION \_\_\_\_\_

	<u>YES</u>	<u>NO</u>	<u>EXPLAIN</u>
1. Are you under a doctor's care for a chronic illness?	_____	_____	_____
2. Are you currently taking medications?	_____	_____	_____
3. Have you ever felt dizzy, passed out or had chest pain during exercise?	_____	_____	_____
4. Do you have any joint or bone injuries (fracture, sprain, dislocations)?	_____	_____	_____
5. Have you ever been knocked out (concussion)?	_____	_____	_____
6. Do you have asthma or any allergies?	_____	_____	_____
7. Has anyone in your family died suddenly before the age of 50?	_____	_____	_____
8. Do you know of any reason why sports participation should be limited?	_____	_____	_____
9. FOR WOMEN ONLY: Do you have any menstrual irregularities?	_____	_____	_____

I hereby give my consent for the above named student: 1) to represent his/her school in athletic activities, except those roles out by the examining physician, provided that such athletic activities are approved by the York School Committee; 2) to accompany any school team of which he/she is a member on any of its local or out-of-town trips. I authorize the school to obtain, through a physician of its own choice, any emergency medical care that may become reasonably necessary for the student in the course of such athletic activities or such travel; 3) to have a physical examination by a physician; 4) to provide either school insurance or personal insurance to protect the student in case of injury. (WARNING: Student accident insurance does not cover football).

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Signature of Student \_\_\_\_\_ Date \_\_\_\_\_

## York High School Extra-Curricular Code of Ethics

To be eligible to participate in extra-curricular activities at York High School, the student and parent/guardian must sign this code of ethics statement and obey the following rules:

1. Student involved in extra-curricular activities shall groom themselves in the manner prescribed by the coach/advisor.
2. All groups shall travel together with the coach/advisor on school-approved transportation. While on overnight or extended trips, group members shall stay under the supervision of the coach/advisor. All students will return with the coach/advisor unless prior approval has been granted.
3. The student is required to maintain good health habits. He/she shall refrain from using tobacco, drinking alcoholic beverages, using illegal drugs, or other substance abuse. If a student involved in extra-curricular activities is found to have violated this rule, he/she will be subject to the tobacco and chemical abuse policies set forth in the student handbook.
4. Participants in extra-curricular activities shall be in attendance at school the day of the event by 11:00 A.M. Activities scheduled on Saturday require attendance on Friday.
5. A student shall follow the rules for academic eligibility set forth in the handbook.
6. Each student shall have on file in the Athletic Director's office a code of ethic for extra-curricular activities signed by the student and parent/guardian.
7. Physical examinations will be given by the school physician one a year and ATHLETE must have a physical before he/she can participate in practice or games. Physicals remain valid for one year. For any injury requiring a physician's attention, a re-examination will be required before the athlete is allowed to resume participation.
8. Students need to recognize that participation in extra-curricular activities is a privilege and that they are representing their school. Students are expected to display positive public actions at all times, exercise self-control and treat opponents and officials with respect.
9. "Hazing" or initiation of other students is against school rules and will not be tolerated.